



WALKDEN

— TOWN CENTRE —



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SUMMER 2019

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Welcome

Welcome to the latest edition of Walkden Town Centre magazine, we hope you like it and as always, we welcome your feedback. There are a lot of interesting features about the Centre's stores and the people who work here, serving you each day. Check out page 10 for an interesting insight on how to look after your fish from Pets at Home. We have a look at health and fitness too with Boots, while there's an informative piece about your charity shops and how they form a part of the local community.

No magazine is complete without a fun recipe for you to try, or a guide to what's on in the Centre for you to enjoy.

We have a fun children's page, lots of interesting behind the scenes facts from our independent stores, along with a catch-up on Dancing with Dementia, an amazing local group supporting those with this condition with a fun social activity.

If you would like more information about an article in this edition or would like to suggest something for the next edition, we would love to hear from you...

Please email us on: Walkden@fabem.co.uk

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Meet your new Centre Ambassador: *Danielle...*

Walkden Town Centre has launched a new concept in it's commitment to customer service, with the appointment of an Ambassador to work part-time on the malls. Helping shoppers with any queries they may have.

Danielle has worked for years in facilities management and understands the requirements of customers in a busy shopping centre. Seeking to work with the stores, to bring a harmonized theme to the shopping experience for all the Centre's visitors.

Danielle will also be involved in many of the community events at the Centre and helped at the first Dancing with Dementia Pop-Up Cinema event in July.



It's a big bold idea that will ensure shoppers will have a point of contact with the Centre

Management and bring a friendly approach to our customer service.



A date at Lowry's

Lowry's Café is situated in the glass fronted upper level, which faces out to Bolton Road. The cafe has been in Walkden for over 20 years, the new Manager Clara has worked there for 11 years before taking it over, so it's easy to see that they really know what the customer likes and they create the menus around their knowledge of the regular diners.

Sitting under the parasols looking out as the world goes by through the glass windows, while having a pot of tea and the famous big breakfast is a great way to pass a morning, and many diners come for the social side from the friendly staff.

The menu however is constantly evolving and they recently added avocado meals trying new healthier options to suit the ever-changing tastes of shoppers.



However don't worry, they are going to maintain their regular firm favourites like cheese and onion pie.

As a friendly family run business they are able to accommodate anyone who asks for a special request that's not on the menu, so much so that one of their regular customers now has their dish as a menu item called Doreen's Special. And as one regular stated 'The staff are always pleasant and helpful. The food is freshly cooked and always lovely and the prices are good. We don't live locally but always look forward to our visit to this Cafe.'

With Walkden Town Centres free parking and easy under cover access, this makes Lowry's an ideal choice for a quiet relaxing break in your busy shopping day.

Health Check with...



5 stars on a sunscreen tells you it has unbeatable anti-ageing power. They refer to protection against UVA rays, which causes ageing and longer-term skin damage (while the SPF refers to guarding against sunburn). 'Any sun damage is as permanent as a tattoo,' says Boots suncare expert Clare O'Connor. To protect against ageing and sunburn, we love Soltan, the only leading suncare brand with full 5-star UVA protection.

90% of People in England & Wales with Melanoma skin cancer survive for 10 years or more, but catching it early is key. So if you notice changes in the appearance of any of your moles (or spot new ones), get them checked as soon as possible, as this can be a warning sign. The Mole Scanning Service†, available in selected stores ([boots.com/mole-scanning-service](https://www.boots.com/mole-scanning-service)), can help address concerns.

Every 2 hours is how often you should be slapping on the sunscreen to stay protected (as well as after every swim).

We rate water-resistant Nivea Sun Protect & Moisture Lotion SPF50+ with the Bonus, it also helps reduce the risk of sun allergies such as itchy rashes. Start the stopwatch!

Layering different products that contain SPF (including make-up) doesn't add more protection. "It just offers the sun-protection factor level stated on the highest one and won't increase it – although it does help to ensure no missed patches," says Clare. "So look for a moisturiser with high levels of protection against UVA and UVB to use under make-up. Or, if your make-up or skincare



doesn't contain at least SPF25, make sure you also wear a sunscreen that does." We like CeraVe Facial Moisturising Lotion SPF25.

2 tablespoons is how much sunscreen you need for coverage when you're in your swimsuit. 'People often only apply about a quarter of what they should,' says Clare. 'In fact, women get most skin cancer on their legs, as they tend to be neglected.' Try an easy-to-use SPF heavyweight, such as La Roche-Posay Anthelios XL Spray SPF50+.



Boots pharmacy in Walkden is a friendly community pharmacy based in Walkden town centre and the store is open 7 days a week. The pharmacy team, including a friendly and knowledgeable group of technicians, dispensers and pharmacists all work together to ensure you receive the best service possible. We offer optional electronic prescription services which eliminates the need to collect your paper prescriptions from your GP surgeries. In addition we can arrange reorder of customers repeat medication too. Why not pop and discover the range of extra services we can offer, our staff are healthcare trained and our pharmacist is available to offer advice.



Heads for a Bingo Full House

Do you play Bingo or have you been to Club 3000 Bingo here at Walkden Town Centre? It's a fun low cost way to spend an afternoon or evening. But did you know that Club 3000 Bingo first opened its doors in Coatbridge, Scotland in October 2006.

At the start of 2007, two new clubs quickly followed in Glenrothes and Cardiff, taking the total to 3 clubs and in 2011, Club 3000 Bingo acquired 7 clubs from Buckingham Bingo. This meant Peterlee, Preston, Old Trafford, Middleton, Walkden became part of the family four years ago and can hold over 600 people.

Would you like to be a Bingo Millionaire? Club 3000 Bingo made history when paying out the largest ever bingo jackpot, turning the winner into an instant millionaire! They made the world's biggest win at their Club in Coatbridge, where a customer won a staggering £1,167,795 when playing the National game!



If you don't know how it works, let us explain, the game is presided over by a caller, whose job it is to call out the numbers and validate winning tickets. They will announce the prize or prizes for each game before starting. The caller will then usually say "Eyes down" to indicate that he is about to start. They then begin to call numbers as they are randomly selected by an electronic random number generator. You can win on a line or two lines across or as we



all know a Full House.

Now you can use the old fashioned method of marking with a special marker called a "dabber", but for ease they offer electronic bingo. The electronic terminal on which the game is played automatically marks the numbers off the tickets when each number is called, making it easier to play and ensuring you don't miss any of those lucky numbers.

The Staff are welcoming and try to make your visits more sociable, interacting and getting to know their customers by name. There is even a café inside where you can buy cooked food and of course tea and coffee, while they cater for smokers with a special outdoor area just for them.

Prizes can range from £200 to £1000 on Sunday nights and anyone over 18 can join for free, why not pop-in for more details.



Quick Recipes

Crunchy Southern Style Bites

20 - 30 mins - Serves 4

These tasty bites are an amazing way to use up any cornflakes left at the bottom of the box, just add some Cajun spice and transform them into a delicious Southern style coating for chicken.

INGREDIENTS

- 4-60g chicken breasts
- 75g cornflakes
- 2tsp Cajun spice mix
- 3 tbsp plain flour
- ¼ tsp black pepper
- 2 medium eggs, beaten
- 2 tbsp. vegetable oil

INSTRUCTIONS

Preheat the oven to 190°C / 170°C Fan/Gas 5

Cut the chicken breasts into 8 strips

Place the cornflakes into a freezer bag and crush with your hands until the pieces are small but still crunchy. Add the Cajun spice and shake well until combined.

Set out three small plates, one with flour mixed with black pepper, one with beaten egg and the remaining one with the crushed cornflakes.

Dust each piece of chicken in flour then dip into the egg and finally press into the cornflake crumbs ensuring that the chicken is completely coated. Repeat with the remaining strips of chicken.

Place the coated chicken onto a lightly greased non-stick baking tray and brush each with a little oil. Transfer to the oven and cook for 15-20 minutes until the coating is crisp and golden and the chicken is cooked.

Try serving with sweet potato wedges and homemade coleslaw.

TIP

If you would prefer to make your own Cajun spice try mixing ground coriander, cumin, chilli powder, and a pinch of salt. Try using different spices in the coating such as jerk seasoning or a Mexican spice mix. It's not suitable for freezing.



Walkden in the garden

How did you fair with the hot weather of June and July? Amazing wasn't it? Great for finally kick starting our plants, but I hope you kept up with the watering too, as plants in patio containers are dependent on you for their water as they'll get little benefit from any rain. Give them a good soak at least once a day in sunny weather.

During the dry weather we are hoping for in August, raise the blades on your lawnmower to allow the grass to grow a little bit longer. This will keep it greener and help retain moisture. Don't panic if your grass does turn brown as it will soon green with watering.

Let's consider the look and smell of the garden too, all that hard work to create the perfect place to be, but to stay this good takes work. Even containers which had slow-release fertiliser added to the compost at planting time will start to run out of steam, so begin feeding once a week with a tomato food to make them last.

At last it is harvest time, why not catch veg while it's at its peak and harvest it regularly rather than leaving it to go woody or bitter-tasting, potatoes, strawberries and even baby leeks are ready to pull. Don't be worried if you have more of something than you want to eat or store, as it's just as useful to recycle it by adding it to the compost heap, just don't put weeds in there! You can still sow your veg,



such as: spring cabbages, beetroot, lettuce, oriental greens, spring onions and salad leaves. Now if you don't need to create new strawberry plants using runners, it's a good idea to cut back plants after they finish fruiting or they'll spread very quickly. Do any straw mulch and take out any weeds, then new strawberry leaves will soon appear, so don't worry if your plants look a bit bare after you prune them.

August is a relatively low-maintenance month for flowers, but regular watering isn't the only task that will keep your garden in top shape. Keep deadheading flowers as they fade. Now Dahlias are probably getting leggy right about now, if so, support them with stakes.

Now, we always like to look at what flowers you can plant in the month and we have come up with these, Summer Margaritas (chrysanthemum maximum). They have daisy like flowers which will bloom from July to September and can get to a height 2-3 ft. Or how about Crinum (powellii) with its elegant pink or white trumpet-like flowers, best grown in a sunny and sheltered position and not really suited for cold gardens. Beware they get to a height 3ft.

Creating 'Dancing with Dementia'

by Lesley Fisher

When my sister was diagnosed in 2014 with vascular dementia I just didn't know what to do –. I found articles about dementia and read that dancing could help the dementia condition. Music and dance together create a wonderful and uplifting experience.

A friend mentioned about Singing with Dementia at Humphrey Booths in Swinton and so I took Jean along and we enjoyed the sessions. This had a positive effect on Jean. I joined the Dementia Champions there and met some very positive people who were living with dementia but also achieving such a lot. Could I do something too? I decided that I wanted to help people who lived in the local area so I could see what the effect was for the community.

Memories make us who we are – good or bad they shape us to be the person we are. Dementia steals those memories! Who are we without them?

Making memories was one of the priorities – creating happy social events for the person and their carers, family and friends. It can be a very lonely and frightening place for both the person and the carer. Isolation, loneliness and depression can all be part of the dementia but can also create other long term health problems too.

What I wanted to do was create a social setting:-

- A place where the dementia could be left at home and people enjoy and relax together with family and friends.
- A place where people who understood and could show empathy by sharing

experiences and offer support to each other

I asked two friends to join me and we started Dancing with Dementia at The Grand Palais in Swinton – formerly The Wishing Well -the venue that

our guests may have gone in their younger days. We listened to what our guests wanted and we have created a social afternoon with live entertainment and a licenced bar. A chance to get dressed up and meet up with friends or make new friends in a supporting and caring atmosphere.

Dancing with Dementia is a social afternoon for people living with dementia, their family, friends and carers. If you feel isolated, lonely or depressed you are invited to come along too! We meet on the second Monday of the month at The Grand Palais, Station Road Swinton M27 6AH 1.00pm until 3.00pm It is a free event – but – donations are greatly appreciated!

With additional team members and volunteers supporting our social events we have extended the services we offer. We recently held a Silver Screen afternoon tea event with Walkden Town Centre, showing a classic Doris Day movie Pillow Talk and



enjoying live music with free teas and coffees.

We are creating positive memories together!

St Ann's Hospice

St Ann's Hospice was founded in 1971 and has been caring for patients with life-limiting illnesses and their loved ones ever since. It began when it was recognised that a hospice was needed in Manchester.

In 1967, Dr Moya Cole, from The Christie Hospital, approached the Bishop of Manchester, asking if local churches would join together to set up a hospice. They needed to raise a lot of money and Granada Television's offer in 1970 to open their Coronation Street outdoor street set to viewers on Bank Holiday weekends raised £3000, which is equivalent to about £44,000 today.

St Ann's Hospice in Heald Green received its first patients on 17 May 1971. The second local site welcomed its first patients in Little Hulton on 9 April 1979 and

continuing the royal tradition, Her Royal Highness Princess Anne officially opened the hospice a month later.

Michelle, who runs your local shop has been there since 2006 and the shop has been in Walkden for over 20 years. During that time she told us that many strange things had been handed in, but a dead mouse was the oddest. While the shop now sells bargains from £2 the best sellers are vintage antiques and high-end fashion labels like Armani and Per Una. Like all the centre's charity shops, volunteers are always being sought and if you have a free few hours to give, Michelle would be happy to chat with you.



Sue Ryder charity shop

Sue Ryder supports people through the most difficult times of their lives. For over 65 years their doctors, nurses and carers have given people the compassion and expert care they need to help them live the best life they possibly can.

Sue Ryder was a humanitarian dedicated to the relief of suffering. Her work started in WWII, helping people displaced from their homes as a result of war. After the war she widened the scope of her work, supporting people in need of palliative and neurological care across the UK and internationally.

The shop in Walkden Town

Centre, sells everything for £3 or less, and has been in Walkden for 10 years. Their best sellers are ladies shoes and handbags and the strangest thing they have had donated is a punch bag, amongst other things. The friendly staff and volunteers are on hand to help you look for something in particular, and if you

would like to volunteer they have lots of spots open and would be grateful even if it's only for a few hours.



Barnardo's

Thomas John Barnardo was born in Dublin, Ireland, in 1845. As a young man he moved to London to train as a doctor. He was shocked to find children living in terrible conditions, with no access to education.

Poverty and disease were so widespread that one in five children died before their fifth birthday. In 1867, He set up a 'ragged school' where children could get a free basic education. From there in 1870, Barnardo opened his first home for boys. As well as putting a roof over their heads, the home trained the boys in carpentry, metalwork and shoemaking, and found apprenticeships for them. Barnardo believed that every child deserves the best possible start in life, whatever their background. This philosophy still guides the charity today.



John and Sarah, who are the managers at your local store share that same enthusiasm. While the store has only been open for 5 years, it has rapidly expanded and is similar to a department store. They sell almost anything you can imagine, from antique typewriters to furniture and toys. Though John mentioned that they were once donated a kitchen

sink, so it seems even that too. Sarah told us that people can be very generous and they even had a mobility scooter that went for nearly £1000, though they are grateful for anything, but white goods. The shop and sorting centre runs on volunteers and they would welcome anyone, including those doing their Duke of Edinburgh award to join them.

Mencap

Mencap is the leading voice of learning disability. Everything they do is about valuing and supporting people with a learning disability, and their families and carers. Their vision is a world where people with a learning disability are valued equally, listened to and included.

They have some great aims! Like working to help more children aged 0-5 with a learning disability, and their families to receive the right support early. Enabling more people with a learning disability to have real jobs in the open labour market. Also, informing more employers that people with a learning disability make good workers, when supported properly.

The store Manager Claire is passionate about the charity, and although the shop has only been

open a year, she has seen a big influx of support from local people. She told us that some of her best sellers are ladies fashion wear and what she called bric'a'brac, meaning glass, dinner sets and pictures. Unlike most charity shops, Claire's store can take electrical goods as she is a pat tester. The shop is always looking for volunteers to join her friendly team at the weekends.



pets at home

Caring for fish

Soothing, engaging and endlessly interesting, fish make wonderful pets. Whether you're an experienced fish keeper or are thinking about welcoming some fish to your home. Of course, a big part of keeping an aquarium is making sure that all your pets are healthy, happy and comfortable in their environment. While fish are often thought to be low maintenance and easy to care for, they still have unique requirements when it comes to their upkeep.

Getting started

To help get you started with learning more, we've put together lots of information about naming and caring for your underwater friends. If you're a beginner, you'll find plenty of advice for basic fish care - from cleaning out your aquarium to choosing the right food to suit your fish's needs and feeding style. If you're more experienced, you'll find more information about complex care - from helping your fish recover from illness to understanding your fish's behaviour.

It's worth bearing in mind that the type of care you give your fish, as well as the type of environment you give them, almost always depends on the species of fish you choose. That's why we've put together plenty of information that's specific to cold water and tropical fish.



Your first pet fish

There are lots of reasons why you might be thinking about getting a fish. They're a great way for your kids to learn about caring for animals and can also provide exciting challenges if you're already an expert. With so many different species and environments, you can have a lot of fun setting up home for your new pet.

Fish don't have to take up much space at all. Little fish such as neon tetras and danios are perfectly happy in a relatively small aquarium, although you'll need a good amount of room for larger species like tiger oscars and common plecos.

Fish can outgrow their tank, so you need to check how big they get before you take them home. You'll want to keep plenty of room for accessories like curious ornaments, sunken castles and live plants, as these can all make the tank a more exciting space for your fish.

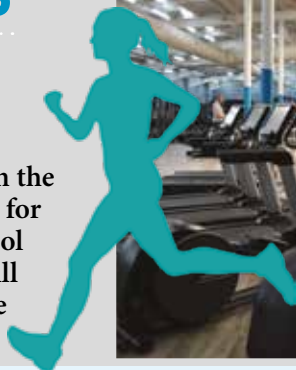
Fish care

Although they're low maintenance compared to other pets you might keep, fish still require plenty of care to make sure they stay happy and healthy. From tasks such as cleaning tanks and filters, to providing the right food, your fish will depend on you for a lot. But when you get it right, they'll appreciate the work you put in. You can find advice on things like the most nutritious food to feed your fish and tank equipment in Pet Talk, which provides all the information you need to decide whether fish are the right type of pet for you.

YOUR FITNESS

Getting Summer Fit...

Whatever motivates you, whether it is getting prepared for a holiday on the beach or just toning up to be ready for active fun with the kids in the school holidays, we have some tips that will hopefully help and may even be the start of a new you.



Drink water before every meal

Sometimes it's the simple things that can make a big change. Drinking water before meals makes you feel fuller more quickly by swelling your stomach. To lose weight before the summer, get in the habit of drinking 1 or 2 large glasses of water after every meal. Another option is to start your meal with dishes that have a lot of water, such as raw vegetables, soup, etc. Water in food is eliminated more slowly and therefore provides a longer feeling of being full.



shape and keep from gaining weight, it's in your best interest to get at least 7 hours of sleep a night. Try, as much as possible, not only to get to sleep early, but also to sleep in your bed. So-called "slow and deep" sleep, which is characterised by low brain activity, occurs mostly before midnight. This type of sleep is the most rejuvenating.

A new sports outfit

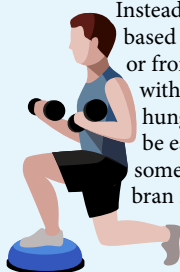
We all know that sometimes it's the little things that can give our motivation a big boost. So how about freshening up your fitness wardrobe? A great idea to turn over a new leaf by treating yourself to a new fitness outfit. It's an excellent way to push yourself towards exercise.



Natural hunger dampeners

Now if hunger strikes during the day or before a walk or maybe a workout session, don't give in to the temptation to eat processed/packaged foods.

Instead choose a plain milk-based product (plain yoghurt or fromage blanc), preferably with 0% fat. These are great hunger-busters, and can be easily enhanced with some slices of apple or oat bran if desired. Or, if you prefer, grab a handful of almonds (not too many!), which have



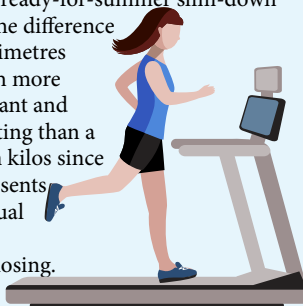
a nice filling effect due to their low carbohydrates and high protein count. Always remember do not eat any sugar after 5 pm.

Sleep to lose weight

Many don't know that a lack of sleep increases the level of hunger-inducing hormones and decreases the production of hormones that make you feel full. This is why, to get or stay in

Track your progress

Are you obsessed about your weight? Then put that scale away, if you're determined to lose a few pounds before the holidays, how about changing the way you measure your results? Using a measuring tape, regularly measure your waist, your hips, your thighs, or better yet, pull out a pair of trousers or a skirt that you can't fit into and make it your ready-for-summer slim-down goal. The difference in centimetres is much more important and interesting than a drop in kilos since it represents the actual fat that you're losing.



Welcome to the new Savers Store

Savers are a new shop to join Walkden Town Centre creating new jobs, they were voted one of the Sunday Times best big companies to work for in 2019.

You can find them next to JD Sports. Savers has over 450 clean and contemporary, easy to shop stores, stocking a wide range of great value, branded, health, home and beauty products.

Their friendly stores team are on hand to serve you, when not involved in charity fun days, when dressing up is the order of the day. Why not welcome the new staff and pick up a branded bargain like L'Oreal or Dolce & Gabbana, though if it's health products you're after they offer brands like Colgate and Dove too, you might be surprised at what's on offer.



**WALKDEN
FOOD AND CRAFTS
MARKET**

**EVERY 3RD SATURDAY
OF THE MONTH**

20th July - 17th August
14th September - 19th October
16th November

INDOOR MARKET + OVER 30 STALLS

10am to 4pm | Free parking

For more information
contact us at:
more@fabem.co.uk

Walkden Town Centre
Bolton Rd,
M28 3ZH

WALKDEN
— TOWN CENTRE —

The poster is decorated with several circular images showing various market stalls: jars of preserves, craft items, baked goods, and people browsing. A purple banner with white text reads 'WALKDEN FOOD AND CRAFTS MARKET'. The dates and times are listed in bold pink and black text. The bottom section contains contact information and the Walkden Town Centre logo.



KIDS' CORNER



Do you Sea them all?

H	X	E	J	I	X	F	N	H	P	R	H	I	J	A	P	C	H	A	I
L	E	S	U	O	R	A	C	M	C	I	S	B	I	U	S	L	C	S	E
Y	E	K	N	O	D	Z	J	D	M	A	U	E	I	I	I	E	Q	E	
E	L	T	S	A	C	D	N	A	S	H	E	I	A	F	E	C	W	U	L
U	O	N	P	P	L	F	Y	U	L	C	R	B	Y	S	R	Q	O	U	B
K	S	W	B	P	D	Y	F	L	G	K	Z	L	D	E	H	A	T	R	B
E	E	R	T	T	K	A	U	C	W	C	L	S	A	I	R	E	T	X	E
O	S	C	P	V	D	G	R	H	P	E	O	M	K	M	I	Q	L	S	P
Q	L	U	P	Q	A	O	I	E	J	D	G	S	Z	Y	C	F	W	L	V
E	H	T	O	E	D	N	T	J	J	U	L	D	C	R	A	B	Y	P	L
B	I	O	S	H	C	H	O	Y	E	N	S	U	W	Y	V	L	M	R	J
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U	I	S	S	I	L	H	W	U	Q	O	A	R	R	F	C	A	J	P	T
V	D	H	R	H	D	Q	G	O	Y	C	W	J	X	Q	R	E	E	M	I
A	F	C	O	I	L	A	B	I	U	K	E	P	F	C	V	O	G	P	H
F	I	S	H	I	N	G	Y	E	L	P	E	A	A	A	T	Z	G	Z	V
B	H	E	J	H	C	F	A	D	O	O	D	D	W	S	E	G	K	E	M
I	O	M	E	O	F	A	O	P	M	O	E	H	Y	I	A	B	E	K	T
L	I	F	E	G	U	A	R	D	M	L	L	M	B	D	R	N	H	J	I
F	O	C	W	Q	M	E	J	E	B	D	O	Q	R	O	Z	N	D	Q	U

ARCADE
 BEACH
 CAROUSEL
 CRAB
 DECKCHAIR
 DONKEY
 FISHING
 HOLIDAY
 ICECREAM
 JELLYFISH
 LIFEGUARD
 LIGHTHOUSE
 PEBBLES
 ROCKPOOL
 SAND
 SANDCASTLE
 SEAGULL
 SEASHELL
 SEAWEED
 STARFISH
 TOWEL
 WAVE



Silly Seaside

WHY DID THE FISH GO TO THE LIBRARY?

TO FIND SOME BOOKWORMS!

WHAT IS YELLOW AND VERY DANGEROUS?

SHARK INFESTED CUSTARD!

WHERE CAN A FISH BORROW MONEY?

FROM A LOAN SHARK!

WHAT DID THE SEA SAY TO THE MAN?

NOTHING, IT JUST WAVED!!

WHAT WASHES UP ON EVERY SMALL BEACH?

MICROWAVES!!!

WHAT IS A SEA MONSTER'S FAVORITE FOOD?

FISH AND SHIPS!
WHY DO FISH LIVE IN SALTWATER?
 BECAUSE PEPPER MAKES THEM SNEEZE!

What's the difference?



There are 8 to find...

Walkden Food & Craft Markets

17th August, 14th September
19th October, 16th November

Events at Walkden Town Centre

17th August - **Festival Market with kids activities and music**

22nd 23rd 24th August - **Inflatable Fun**

29th 30th 31st August - **Crazy Golf**

Summer Art School (Jasmine Walne) £10 a session,
5th, 12th, 19th and 27th August

Eccles Recreation Ground

Anyone for Tennis - Fridays through August 1pm to 3pm

Walkden Library

Story Rhymetime - Bring your baby or toddler to story-rhymetime at Walkden Library on Tuesday mornings from 9.30am for Stories, rhymes, crafts and play

Ordsall Hall Museum

31st July to 1st August - **Tudor Playtime**

30th July, 5th, 13th, 19th & 27 August - **Super Shields**

18th August - **Teddy Sleepover**

27th August - **Gangsta Granny** theatre production

15th September - **Comedy Club for Kids**

Bridgewater Canal

3rd August - **Fantastical Mini Beasts & where to find them**

Duke's Drive, Parrin Lane, Monton with wildlife expert Dave Winnard

Peel Park

13th to 16th August - **Kids Summer Fun in the Park**

Community bike rides

Every Wednesday Buile Hill Park 1pm to 2.30pm

Every Friday Cleavleys Track, Winton 10am to 12pm

Walkden and Little Hulton

St Ann's Summer Fair - 21st July

Salford Museum and Art Gallery

26th July to 31st August - Get to know the museum and its collections with our gallery trails.

Walkden Town Centre Events

Did you see the Creepy Crawlies or meet the Birds of Prey? Walkden Town Centre puts on a host of events and activities throughout the year, not just the Craft Markets.

There are some amazing events this Summer in August, Dinosaurs on 21st September, Lantern Making Halloween Parade on the 26th October and the big Christmas Community Celebration with our special Santa's Grotto on the 30th November and each weekend until the 24th December. To find out more, please check our social media feeds.



WalkdenTownCentre



@WalkdenTownCent



WalkdenTownCentre

Store Directory

LOWER GROUND FLOOR

Timms & Parker Pharmacy
Start in Salford
Sue Ryder Care
Santander
Walkden Vape
Lloyds TSB Bank
Halifax
Coral
St Ann's Hospice
Winders Carpets
Post Office
Heel & Key
Switched On
HD Nails
Kadva News
Jasmine Walne Design
Greggs
Albermarle Bond Pawnbrokers
Webbers Leisure
Specscart

GROUND FLOOR

Chrisella's Cuts
Blades Barbers
Bright Nails
Savers
Yates & Suddell Opticians
Costa Coffee
J D Sports
Gamesbox
Pop Up Cinema (open for events only)
Mencap

BUSINESS HUB

Walkden Tax Shop
Joyo Audio
Yellow
Accessories for the Home

FIRST FLOOR

Club 3000 Bingo
Lowry's Cafe
Clouds
Card Factory
Boots
Poundland
B&M
Tesco



PARADE STALLS

Saniya's Brow Bar
Top Gifts
Photobooth
TABlites

THE MARKET HALL

A&B Pet Products
Forever Young
Schone Brow bar & Schone Beauty salon
Sallywags
Walkden Hair Port
Kimberleys Krafts
ME2U Furniture

OUTSIDE

Purple Lounge
Quality Save
Marks and Spencer
Total Fitness
Poundstretcher
Poundland
Domino's
Pets at Home
Aldi
Papa John's
Fast Tan
Barnardo's
Betfred
Tesco Petrol Filling Station
McDonalds
KFC
Subway

Address:

Walkden Town Centre, Bolton Road,
Walkden M28 3ZH

Centre Management Office: 0161 703 7992



Clouds

Walkden Town Centre, above the Post Office

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WITH THIS VOUCHER

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10%

off a colour
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